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BREAKFAST • LUNCH • DINNER
TAKE OUT • DELIVERY • CATERING

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FACTOR'S CATERING

PERSONAL • CORPORATE • SPECIAL EVENTS

**We cater the finest deli food for all of your entertaining needs.
It's never been easier to order right to your doorstep.
We make it, deliver it and it's all ready to go!**

Factor's Catering takes great pride in providing the most attractive and efficient catering service possible. We will customize any part of our service to accommodate the wishes and needs of our clientele.

Custom Menus for all occasions, personal or business, wide food selection for breakfast or lunch, high tea, cocktails or dinner, sit down or buffet, chef presentation, tray service, and food stations

We provide event production including floral designs, and party rentals.

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HAVE YOUR NEXT EVENT AT FACTOR'S GARDEN PATIO

ASK OUR CASHIER FOR DETAILS ABOUT RESERVING OUR GARDEN PATIO FOR YOUR NEXT EVENT OR LARGE PARTY

GIFT CARDS, HATS, SHIRTS AND CHILDREN'S APPAREL AVAILABLE AT THE REGISTER

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness.

ONE CALL DOES IT ALL

**310-278-9175 • 310-278-9196 Fax
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BREAKFAST

FRUITS & JUICES

ORANGE JUICE freshly squeezed pt 10 qt 17

GRAPEFRUIT JUICE freshly squeezed pt 10 qt 17

CRANBERRY JUICE pt 9 qt 14

APPLE JUICE pt 9 qt 14

PINEAPPLE JUICE pt 9 qt 14

V-8 JUICE pt 9 qt 14

TOMATO JUICE pt 9 qt 14

HALF GRAPEFRUIT 7

MELON (in season) honeydew, cantaloupe or watermelon 8

FRESH FRUIT lb 10

FRESH BERRIES pt 13

STEWED PRUNES 6

SUGAR-FREE BAKED APPLE 7

SMOOTHIES choice of 2 fruits: banana, strawberry, raspberry, mango, blueberry, pineapple 12
w/protein powder add 2, w/ice cream or yogurt add 2
w/kale or spinach add 2

EGG DISHES

Choice of potatoes, tomatoes, low-fat cottage cheese or mixed greens (substitute fruit add 2 or fresh berries add 3)
Choice of toast, roll or bagel. Made with egg whites, egg beaters or organic eggs add 1.50 ea

TWO EGGS ANY STYLE 14

WITH NOVA LOX ON THE SIDE 23

WITH NATURAL COD, BAKED SALMON or SABLE ON THE SIDE 25

WITH WHITEFISH ON THE SIDE 21

WITH STURGEON ON THE SIDE 25

SCRAMBLED EGGS & ONIONS try our browned onions 16

SALAMI or BOLOGNA & EGGS 19

STEAK & EGGS 8 oz. 28

HAM, BACON or SAUSAGE & EGGS choice of grilled ham or bacon (pork, Canadian or turkey),
sausage (pork or turkey) or gourmet chicken cilantro sausage 18

BURGER PATTY & EGGS choice of ground turkey, chicken or beef 20

CORNED BEEF or PASTRAMI & EGGS 20

TONGUE & EGGS 23

MINCED NOVA LOX, EGGS & ONIONS scrambled or pancake style 20

EGG WHITE QUESADILLA egg whites, turkey bacon, cheddar cheese, add jalapeño on request 19

BRISKET SCRAMBLE shredded brisket and eggs with bell peppers and onions 21

STEAK PICADO grilled skirt steak with bell pepper, onion and tomato with choice of eggs on the side 22

TURKEY PASTRAMI SCRAMBLE scrambled egg whites, turkey pastrami, spinach, onion, tomato
and a side of salsa 20

EGG "MIT" BAGEL fried egg sandwich on a bagel with melted cheddar, turkey pastrami, lettuce and tomato 18

EGG "MIT" MUFFIN scrambled eggs, American cheese and Canadian bacon on an English muffin 17

HUEVOS RANCHEROS eggs any style topped with grated mozzarella and ranchero sauce on corn tortillas,
served with black beans 18

DELUXE add avocado and jalapeño 20

EGGS BISTRO 2 poached eggs, grated parmesan and crumbled bacon on mixed baby greens, tossed in
balsamic vinaigrette with pita (no sides included) 18

GROUND PROTEIN SCRAMBLE choice of ground turkey or beef scrambled with egg whites,
tomato & onion 21

SHREDDED CHICKEN SCRAMBLE scrambled eggs, shredded chicken, cream cheese, tomato
and browned onions 21

OMELETTES • BREAKFAST WRAPS

Choice of potatoes, tomatoes, low-fat cottage cheese, mixed greens, rice or beans
(substitute fruit add 2 or fresh berries add 3) Made with egg whites or egg beaters add 1.50

CREATE YOUR OWN OMELETTE Choice of toast, roll or bagel 15

CREATE YOUR OWN BREAKFAST WRAP Choice of flour, spinach, whole wheat or sun-dried tomato tortilla
(wrap grilled on request) 15

TRY A WET WRAP topped with tomatillo sauce or salsa and melted cheese add 2

ADD YOUR CHOICE:

Onion • Pepperoncini • Jalapeño • Scallion • Tomato • Ortega Chile • Cheese each 1.50

Mushroom • Bell Pepper • Spinach • Guacamole • Tofu • Spanish Rice • Black Beans •

Broccoli • Asparagus • Sun-Dried Tomato each 2

Bacon • Turkey Bacon • Sausage • Turkey Sausage • Chicken Cilantro Sausage •

Ground Turkey or Beef • Chili • Ham • Salami • Bologna • Chicken • Turkey Pastrami •

Corned Beef • Avocado • Pastrami • Canadian Bacon each 4

Skirt Steak • Lox each 7

SUGGESTED OMELETTES

Choice of potatoes, tomatoes, low-fat cottage cheese or mixed greens (substitute fruit add 2 or fresh berries add 3)
Choice of toast, roll or bagel. Made with egg whites, egg beaters or organic eggs add 1.50 ea

- ***EGG WHITE VEGGIE OMELETTE** 3 egg whites, mushroom, broccoli, spinach, tomato and onion 21
- DENVER OMELETTE** 3 eggs, ham, bell pepper and onion 20
- DELI OMELETTE** 3 eggs, corned beef, pastrami and salami 21
- ITALIAN OMELETTE** 3 egg whites, chicken cilantro sausage, sun-dried tomato, spinach and mozzarella 21
- ***SPANISH OMELETTE** 3 eggs, topped with Spanish sauce 19
- ***GREEK OMELETTE** 3 eggs, spinach, kalamata olives, tomato and feta cheese 20
- NOVA LOX & CREAM CHEESE OMELETTE** 3 eggs with fresh dill 23
- AVOCADO, BACON & CHEDDAR CHEESE OMELETTE** 20
- ***AVOCADO, MUSHROOM & JACK CHEESE OMELETTE** 20
- ***SPINACH, MUSHROOM & SWISS CHEESE OMELETTE** 20

SPECIALTIES

- EGGS BENEDICT** poached eggs with Canadian bacon on wheat or white English muffin topped with hollandaise 20
- NOVA LOX BENEDICT** poached eggs with lox on wheat or white English muffin topped with hollandaise 22
- PASTRAMI BENEDICT** poached eggs with pastrami on wheat or white English muffin topped with hollandaise 21
- EGGS FLORENTINE** poached eggs with spinach on wheat or white English muffin topped with hollandaise 18
- MATZO BREI** scrambled or pancake style, with applesauce and sour cream 16
- CHILAQUILES (TORTILLA MATZO BREI)** corn tortillas, eggs, ranchero sauce and salsa, side of sour cream 18
- CORNED BEEF HASH & 2 EGGS ANY STYLE** 20
- ***FRENCH TOAST** plain or cinnamon 14
- FRENCH TOAST SANDWICH** 2 slices French toast, 2 pieces bacon or 1 sausage & 2 eggs any style 18
- ***PANCAKES (3)** buttermilk 16 gluten free 18
 - ***SILVER DOLLARS** buttermilk 14 gluten free 16
 - ***WITH STRAWBERRIES, BLUEBERRIES, BANANAS or CHOCOLATE CHIPS INSIDE** add 4
 - ***MAKE ANY PANCAKE SEVEN GRAIN ALMOND GRANOLA** add 3
- PANCAKE SANDWICH** 2 pancakes, 2 pieces bacon or 1 sausage & 2 eggs any style 18 gluten free 20
- ***BELGIAN WAFFLE** 16
 - WITH 2 EGGS & BACON or SAUSAGE** 22
- ***OATMEAL DELUXE** with fresh bananas, strawberries, raisins, almonds & brown sugar 14
- ***GRANOLA** topped with fresh fruit and yogurt 13
- PROTEIN POWER PLATE** 4 scrambled egg whites, grilled chicken breast or turkey burger, with sides of spinach and fresh homemade salsa 22
- ***EGG WHITE BREAKFAST WRAP** scrambled egg whites, spinach, tomato, onion and Alpine Lace cheese, in a spinach or whole wheat tortilla topped with homemade tomatillo sauce 20
- ***TOFU VEGETABLE SCRAMBLE** scrambled tofu (no eggs), broccoli, mushroom, tomato and browned onion 19
- WHOLE PLATE SCRAMBLE** scrambled eggs w/mushrooms, avocado, tomatoes, Ortega chilies, browned onions cheddar cheese, home fries, and grilled chicken all combined together- no side 24
- ***AVOCADO TOAST** smashed avocado, lemon, micro greens, sea salt on honey wheat bread one slice 10 w/ one poached egg add 3 two slices 15 w/two poached eggs add 6

SMOKED FISH BRUNCH

NOVA LOX, NATURAL COD & WHITEFISH served with cucumber, tomato, onion, potato salad, cole slaw, two bagels & cream cheese 48 (substitute sable or sturgeon add 5)

SIDE ORDERS

- TOAST, CINNAMON TOAST or ENGLISH MUFFIN** 4
- BAGEL or ROLL** 5
- FRESH BAKED MUFFIN** 6
- OATMEAL** pt 10
 - WITH RAISINS or BANANAS** add 2
 - WITH STRAWBERRIES, BLUEBERRIES or RASPBERRIES (seasonal)** add 4
- CORNED BEEF HASH** 14
- PANCAKE (1)** buttermilk 6 gluten free 7 almond granola 7
- EGG** one 3 two 6
- HAM, BACON or SAUSAGE** 7
- BEEF or TURKEY PATTY** 11 **VEGGIE PATTY** 9
- NOVA LOX SPREAD** 4 oz 9
- NOVA LOX** 2 slices, **NATURAL COD** 1 slice or **SABLE** 2 slices 14
- STURGEON** 2 slices 15 **WHITEFISH** 1 piece 11 **WHITEFISH SALAD** 4 oz 9
- HOME FRIES or HASH BROWNS** 7

LUNCH • DINNER

STARTERS & NOSHES

- FRIED ZUCCHINI STICKS** with apricot dipping sauce **15**
BUFFALO WINGS with celery sticks and bleu cheese or ranch dip **15**
SLIDERS mini cheeseburger on mini roll with mustard, ketchup, sliced pickle and chips **8 ea**
TURKEY SLIDERS mini burger with grilled onions, sweet hot mustard, ranch, sliced pickle and chips **8 ea**
MINI REUBEN corned beef, pastrami, turkey or *tofu, sauerkraut and melted Swiss cheese on rye with chips **10 ea**
MINI MELT tuna, turkey salad or chicken salad with cheddar cheese on rye with chips **8 ea**
MINI DIPS brisket, roast beef or turkey on a small roll served with au jus and chips **10 ea**
SOFT SHELL TACO beef, chicken, fish, or *grilled tofu, topped with salsa and guacamole **8 ea**
THIN FRIED ONIONS **12**
***PITA TRIANGLES** with hummus and babaganoush **12**
***GUACAMOLE, CHIPS & SALSA** **14**
FRIED MOZZARELLA with marinara sauce **15**
***BAGEL CHIPS or TOASTED RYE HEELS** with our famous low-fat ranch dressing **5**

SOUPS • CHILI

Served with crackers, bagel chips or bread. (roll or bagel add 1)

- *SOUP DU JOUR** all are vegetarian, we use vegetable broth **pt 10 qt 18 half gal 32**
MON–Vegetable, TUE–Lima Bean, WED–Split Pea, TH–Tomato, FRI–Lentil, SAT–Vegetable, SUN–Split Pea
MUSHROOM BARLEY **pt 10 qt 18 half gal 32**
SWEET & SOUR CABBAGE **pt 10 qt 18 half gal 32**
***COLD BEET BORSCHT** with sour cream **pt 10 qt 18 half gal 32**
WITH BOILED POTATO **add 3**
CHICKEN SOUP with carrots and chicken (add noodles, rice or kasha on request) **pt 10 qt 18 half gal 32**
MATZO BALL with carrots and chicken (add noodles, rice or kasha on request) **pt 10 qt 18 half gal 32**
WITH EXTRA MATZO BALL **add 3**
KREPLACH SOUP with carrots and chicken (add noodles, rice or kasha on request) **pt 10 qt 18 half gal 32**
WITH EXTRA KREPLACH **add 3**
TORTILLA SOUP chicken, avocado, cilantro, shredded cheese, tortilla strips **pt 12 qt 22 half gal 40**
(black beans by request)
SOUP-ER POT tureen of chicken soup with matzo ball, kreplach, noodles, rice and kasha **qt 18**
HOMEMADE TURKEY CHILI **pt 16 qt 28 half gal 50**

SANDWICHES

Choice of potato salad, cole slaw, or macaroni salad

Substitute fries, homemade chips, fruit, or mixed greens add **2** onion rings, sweet potato fries, or berries add **3**

Add tomato • roll • cheese **1 ea** • sprouts **.50** • avocado **2.50**

On rye unless otherwise requested; gluten free bread add **1.50** Half & half portion of two meats (not a double portion) add **3**

- HOT CORNED BEEF** half **17** whole **24**
HOT PASTRAMI hand cut (thicker) or machine sliced half **17** whole **24**
HOT BRISKET or COLD ROAST BEEF half **17** whole **24**
BAKED HAM half **15** whole **22**
TONGUE (hot or cold) half **23** whole **28**
ROASTED TURKEY BREAST or TURKEY BREAST PASTRAMI half **15** whole **22**
SMOKED TURKEY BREAST, HONEY MAPLE or CRACKED PEPPER TURKEY half **15** whole **22**
SALAMI or HARD SALAMI or BOLOGNA half **15** whole **22**
TUNA SALAD or LOW-FAT TUNA SALAD half **15** whole **22**
CHICKEN SALAD or TURKEY SALAD half **15** whole **22**
TURKEY LOAF or MEAT LOAF half **15** whole **22**
CHOPPED LIVER half **15** whole **22**
SMOKED LIVERWURST half **15** whole **22**
***VEGAN CORNED BEEF** half **17** whole **24**
***EGG SALAD** half **13** whole **18**
BACON or *AVOCADO, LETTUCE & TOMATO (BLT or *ALT) half **13** whole **18**
with three slices of turkey add **5**
***VEGGIE SANDWICH** muenster, cheddar, avocado, lettuce, tomato, red onion and sprouts on whole wheat bread **18**
***JARLSBERG CHEESE or TILLAMOOK CHEDDAR** half **13** whole **18**
***GRILLED CHEESE** half **12** whole **16**

ADD A CUP OF SOUP or SALAD (dinner or caesar) TO ANY HALF SANDWICH ADD 7
(matzo ball or kreplach ADD 8)

COMBINATION SANDWICHES

Our "Triple Decker" on 3 slices of rye bread with Russian dressing, lettuce & tomato. Gluten free bread add **1.50**
Choice of potato salad, cole slaw, or macaroni salad
Substitute fries, homemade chips, fruit, or mixed greens add **2** onion rings, sweet potato fries, or berries add **3**

- #1 TURKEY, CORNED BEEF, SWISS CHEESE 30**
- #2 TURKEY, BACON 28**
- #3 HOT CORNED BEEF, SWISS CHEESE 30**
- #4 HOT PASTRAMI, CORNED BEEF, SWISS CHEESE 30**
- #5 PASTRAMI, ROAST BEEF, TURKEY 30**
- #6 TURKEY, HAM, SWISS CHEESE 30**
- #7 TURKEY, PASTRAMI, SWISS CHEESE 30**
- #8 ROAST BEEF, SWISS CHEESE 30**
- #9 CORNED BEEF, PASTRAMI, TONGUE, SWISS CHEESE 32**
- #10 TURKEY BREAST PASTRAMI, SWISS CHEESE 28**

SKY HIGHS

Topped with cole slaw and Russian dressing. Same sides as sandwiches above.

- CORNED BEEF, PASTRAMI, ROAST BEEF or BRISKET 25**
- ROAST TURKEY or TURKEY PASTRAMI 24**
- SUZEE'S SKY HIGH** turkey, Dijon, red onion and Jarlsberg **26**

BAGEL SANDWICHES

Same sides as sandwiches above.

- NOVA LOX** with cream cheese on a bagel, tomato & onion on the side **23**
- 1/2 NOVA, 1/2 WHITEFISH** with cream cheese on a bagel, tomato & onion on the side **22**
- 1/2 NOVA, 1/2 NATURAL COD** with cream cheese on a bagel, tomato & onion on the side **25**
- LOX SPREAD** with cream cheese on a bagel, tomato & onion on the side **19**
- WHITEFISH SALAD** on a bagel, tomato & onion on the side **18**
- WHITEFISH** with cream cheese on a bagel, tomato & onion on the side **21**
- STURGEON** with cream cheese on a bagel, tomato & onion on the side **25**
- SABLE** with cream cheese on a bagel, tomato & onion on the side **25**
- NATURAL COD** with cream cheese on a bagel, tomato & onion on the side **25**

PANINIS

Same sides as sandwiches above.

- PULLED BBQ BRISKET** with red onion and provolone, pressed on a french roll **20**
- ROAST BEEF** with Swiss cheese, browned onion and dijonnaise, pressed on a french roll **20**
- CHICKEN** with sun-dried tomato, avocado, pesto and mozzarella, pressed on a french roll **20**
- *GRILLED VEGGIE** with pesto and mozzarella, pressed on a french roll **18**
- *GRILLED CHEESE** with cheddar and jack cheese, avocado and tomato pressed on sourdough **18**
- TUNA** with avocado, arugula, tomato, provolone and balsamic vinaigrette, pressed on sourdough **19**
- ITALIAN SALAMI** with basil, chopped pepperoncini, provolone and balsamic vinaigrette on a french roll **20**
- *CAPRESE** with tomato, mozzarella and pesto, pressed on a french roll **18**
- SMOKED SALMON** with cream cheese, dill, red onion and tomato, pressed on a french roll **21**
- *CREAM CHEESE and STRAWBERRY JAM** on whole wheat or white bread **12**
- *NUTELLA, BANANAS and STRAWBERRIES** grilled to perfection on a croissant (no sides included) **14**

PITA POCKETS • WRAPS

Same sides as sandwiches above.

Make a wrap "low-carb" with lettuce instead of a tortilla. Side of homemade salsa on request.
Choice of flour, spinach, whole wheat or sun-dried tomato tortilla.

- *GRILLED VEGGIE PITA** with hummus, tomato, feta and baby greens with side of balsamic vinaigrette **16**
- WITH GRILLED CHICKEN 20 WITH GRILLED STEAK 22**
- TUNA or LOW-FAT TUNA** pita or wrap, with lettuce, cucumber, tomato and red onion **20**
- TURKEY WRAP** with lettuce, tomato, avocado, sprouts and red onion **20**
- CHICKEN WRAP** with fresh roasted chicken, jack cheese, hummus, lettuce, tomato, cucumber and avocado **21**
- GRILLED CHICKEN CAESAR WRAP** with sun-dried tomato, jack cheese and caesar salad **21**
- CHINESE CHICKEN SALAD WRAP** tossed with homemade sesame dressing **20**
- *MEDITERRANEAN WRAP** with cucumber, tomato, red onion, feta and hummus **16**
- WITH GRILLED CHICKEN 20 WITH GRILLED STEAK 22**

GRILLED • CHARBROILED • FRIED

Choice of potato salad, cole slaw, or macaroni salad On a roll or bagel add **1** gluten free bread add **1.50**
Substitute fries, homemade chips or fruit add **2** onion rings, sweet potato fries, or berries add **3**

BACON, CHEDDAR & FRIED EGG 18

GRILLED PASTRAMI with tomato and provolone on a kaiser roll **26**

GRILLED BACON, TOMATO & AMERICAN CHEESE 18

PATTY MELT 1/3 lb. kosher ground beef or ground turkey, Swiss cheese, tomato and onion **22**

TUNA MELT, CHICKEN SALAD MELT or TURKEY SALAD MELT with your choice of cheese **20**

SKY HIGH MELT choice of grilled meat, Swiss cheese and coleslaw, served with Russian dressing **26**

THE FAMOUS REUBEN choice of meat, Swiss cheese and sauerkraut, served with Russian dressing **26**

***THE FAMOUS TOFU REUBEN** Swiss cheese and sauerkraut, served with Russian dressing **22**

GRILLED HAM & CHEESE on rye **21**

FRANKS or KNOCKWURST with baked beans and cole slaw **21**

***GRILLED VEGGIE SANDWICH** grilled vegetables, mozzarella or goat, greens on a whole wheat bun **18**

GRILLED CHICKEN BREAST boneless breast served with lettuce and tomato on a whole wheat bun **20**
with cheese **21**

GRILLED CHICKEN DELUXE boneless breast, melted Swiss cheese, avocado, sun-dried tomato, arugula,
served on grilled sourdough bread (try it with sweet hot mustard) **22**

PHILLY CHEESE STEAK SANDWICH thin sliced steak, melted Swiss cheese, grilled peppers & onions
on a French roll **22**

CHICKEN TENDERS or BUFFALO TENDERS 18

FISH & CHIPS 23

DIPS • BBQ • OPEN FACE • SUBS

Same sides as sandwiches above.

FRENCH DIP, BRISKET DIP, PASTRAMI DIP or TURKEY DIP with au jus on choice of roll **25**
with melted cheese **26**

PULLED BBQ BRISKET with bbq sauce, on choice of roll **23**

CORNERED BEEF & CHOPPED LIVER open-face with lettuce, tomato and onion **22**

PASTRAMI & CHOPPED LIVER open-face with lettuce, tomato and onion **22**

TURKEY SALAD & EGG SALAD open-face with lettuce, tomato and onion **19**

CHOPPED LIVER & EGG SALAD open-face with lettuce, tomato and onion **20**

BRISKET OF BEEF or ROAST BEEF open-face with fries or mashed potatoes and gravy **26**

ROAST TURKEY open-face with fries or mashed potatoes, gravy and cranberry sauce **24**

ITALIAN SUB soprasata, turkey, provolone, lettuce, tomato, pepperoncini and Italian dressing, choice of roll **23**

BURGERS

Same sides as sandwiches above Choice of a brioche or whole wheat bun.
Substitute grilled chicken breast add **1** add cheese **1** add bacon or avocado **2.50**

HAMBURGER 1/3 lb. kosher ground beef, lettuce and tomato with Russian dressing **19**

DELUXE HAMBURGER 1/2 lb. kosher ground beef, lettuce and tomato with Russian dressing **22**

IMPOSSIBLE BURGER with lettuce and tomato with Russian dressing **20**

TURKEY BURGER freshly ground turkey, lettuce and tomato, on a whole wheat bun (teriyaki sauce on request) **19**

***VEGGIE BURGER** multi-grain patty, with lettuce and tomato on a whole wheat bun **19**

FRENCH BURGER with grilled mushroom & onion, Swiss cheese on a French roll w/Russian dressing **22**

CHILI CHEESEBURGER with lettuce, tomato and onion **22**

ITALIAN BURGER with lettuce, tomato, mozzarella and basil with a side of marinara **22**

GUACAMOLE BURGER with homemade guacamole with lettuce and tomato **22**

TILLAMOOK CHEDDAR BURGER with lettuce, tomato and Ortega chiles **21**

PASTRAMI SWISS BURGER topped with pastrami, Swiss cheese, lettuce and tomato **24**

HOT DOGS

Served on a long onion roll or plain bun. Beef dogs - Hebrew National or Vienna, grilled or boiled. Same sides as sandwiches above.

JUMBO HOT DOG 14

KRAUT DOG topped with hot sauerkraut **15**

CHILI DOG 16 with cheese **17**

TURKEY DOG 14

KNOCKWURST 15

SKY HIGH DOG topped with cole slaw **15**

PASTRAMI REUBEN DOG with Swiss and sauerkraut **19**

BACON CHEDDAR DOG 17

GRILLED CHICKEN CILANTRO SAUSAGE

with red & yellow peppers and onions **18**

DELI PLATTERS

Served with potato salad, cole slaw and bread, roll or bagel

- CORNED BEEF, PASTRAMI, BRISKET or TONGUE 30**
- SLICED RARE ROAST BEEF 29**
- SLICED ROAST TURKEY 28**
- TURKEY TRIO** roasted, smoked and turkey pastrami **28**

FISH PLATTERS

Served with potato salad, cole slaw, tomato, red onion and two bagels with cream cheese

- NORTH ATLANTIC NOVA LOX 42**
- EASTERN WHITEFISH 34**
- NATURAL COD 45**
- WHITEFISH with NOVA LOX 40**
- COD with NOVA LOX 45**
- BAKED SALMON 40**
- SABLE 45**
- STURGEON 48**
- SMOKED FISH BRUNCH** lox, natural cod & whitefish (substitute sable or sturgeon add 5) **48**

SALADS

Served with crackers, bread & butter or bagel chips (roll or bagel add 1) Pepperoncini add 1 Extra side of bagel chips & ranch add 4.50
Choice of dressing: house (balsamic vinaigrette), honey mustard, bleu cheese, 1000 Island, low-fat ranch, BBQ ranch, Caesar, Italian, homemade salsa or oil & vinegar.

- FACTOR'S SUPER HOUSE** fresh turkey breast, chopped tomato, muenster cheese, avocado, egg **23**
- DEBBIE'S CHOPPED #1** finely chopped lettuce, turkey, salami, Swiss cheese, red onion, avocado, tomato and cucumber **23**
- DEBBIE'S CHOPPED #2** finely chopped lettuce, tomato, cucumber, scallion, charbroiled chicken breast and grated Asiago cheese **23**
- ITALIAN CHOPPED** finely chopped lettuce, turkey, Italian salami, tomato, garbanzo beans and mozzarella, topped with chopped pepperoncini on request **23**
- BBQ CHICKEN CHOPPED** finely chopped lettuce, tomato, jicama, grilled corn, scallion, jack cheese and tortilla strips with bbq ranch dressing on the side **23**
- CHINESE CHICKEN SALAD** (or substitute tuna salad) with mixed greens, cabbage, thin rice noodles, almonds and mandarin oranges with homemade sesame dressing **23**
- GRILLED CHICKEN SALAD** served on a bed of romaine, sliced tomato, cucumber and red onion **23**
- COBB** (try it with turkey bacon) with mixed greens, diced turkey, avocado, tomato, bacon and hard boiled egg with bleu cheese dressing **23**
- *KALE SALAD** kale, quinoa, sliced almonds, dried cranberries tossed w/sherry vinaigrette dressing **23**
- SUPER CHEF** with mixed greens, julienne ham, turkey, salami, cheese, tomato and hard boiled egg **23**
- TUNA ARUGULA** romaine and arugula, scoop of tuna salad, grilled corn, jicama, avocado and mozzarella **23**
- *GRILLED VEGETABLE SALAD** mixed baby greens and crumbled feta cheese with pita bread **21**
- *VEGGIE CHOPPED** finely chopped lettuce, tomato, cucumber, scallion, mushroom, garbanzo beans and carrot, topped with grated asiago cheese on request **21**
- *GORGONZOLA SALAD** mixed baby greens, gorgonzola cheese, pears and candied walnuts **21**
- *GREEK** finely chopped lettuce, tomato, cucumber, feta cheese, kalamata olives, beet, egg and red onion **21**
- *GARDEN** diced cucumber, celery, radish, green pepper, carrot, scallion and tomato with fresh sour cream or low-fat cottage cheese **21**
- *MEDITERRANEAN** mixed greens, goat cheese, sun-dried tomato, roasted pepper and shaved red onion **21**
- *ARUGULA SALAD** with feta cheese, romaine and arugula, cucumber and red onions **21**
- *CAESAR SALAD** the Original! comes tossed **21**
- *CAPRESE SALAD** fresh buffalo mozzarella, tomato and basil leaves, drizzled with pesto, side of garlic bread **21**

OPTIONS/ADDITIONS FOR SALADS ABOVE

Grilled Chicken, Turkey Breast, Tuna Salad, Asian or BBQ Marinated Tofu **7** Skirt Steak **12** Grilled Salmon **11**
Any half salad above with cup of soup add **7** matzo ball or kreplach soup add **8**

- ICEBERG WEDGE** with chopped tomato, scallion and bacon, topped with gorgonzola cheese **18**
- TOSTADA SALAD** ground beef, turkey or chicken, with shredded lettuce, rice, black beans, cheddar cheese, scallion, guacamole, sour cream and salsa, served in a crispy tortilla **22**
- WITH GRILLED CHICKEN BREAST 26**
- WITH GRILLED SKIRT STEAK 30**
- TURKEY or CHICKEN SALAD PLATE** with cole slaw, potato salad, tomato, hard boiled egg and red onion **22**
- TUNA SALAD PLATE** cole slaw, potato salad, tomato, hard boiled egg and red onion **22**
- TRIO SALAD PLATE** (choose 3) tuna salad, turkey salad, chicken salad, chopped liver or egg salad, on a bed of lettuce with tomato and onion **24**
- STUFFED TOMATO** filled with tuna, chicken or turkey salad with side of potato salad or cole slaw **21**
- STUFFED AVOCADO** filled with tuna, chicken or turkey salad with side of potato salad or cole slaw **22**
- *FRESH FRUIT PLATE** with sherbet, low-fat cottage cheese or whipped cream **19**
- *DINNER SALAD 14**

DELI STYLE APPETIZERS

Served with bread, roll or bagel, on a bed of lettuce with tomato & onion.

- *GREEK SALAD** 17
- CHOPPED HERRING** 18
- CREAMED HERRING** 18
- NOVA LOX & CREAM CHEESE** 24
- NATURAL COD & CREAM CHEESE** 26
- WHITEFISH & CREAM CHEESE** 21
- SABLE & CREAM CHEESE** 26
- STURGEON & CREAM CHEESE** 27
- BAKED SALMON** 24
- KIPPERED SALMON** 24
- EGG SALAD** 14
- LOX SPREAD** 18
- WHITEFISH SALAD** 20
- GEFILTE FISH** (seasonal) 10
- STUFFED CABBAGE** choice of ground beef or ground turkey (no lettuce, tomato or onion) 15
- CHOPPED LIVER** 18
- STUFFED KISHKA WITH GRAVY** (no lettuce, tomato or onion) 16
- TUNA SALAD or LOW-FAT TUNA** 21
- CHICKEN SALAD** 21
- TURKEY SALAD** 21

DIET PLATES

Served with hard boiled egg, tomato and cottage cheese or cole slaw. Crackers or bread & butter (roll or bagel add 1)

- SLICED TURKEY or RARE ROAST BEEF** with Swiss cheese 23
- ROASTED HALF CHICKEN** hot or cold 23
- GRILLED CHICKEN BREAST** 22
- BURGER PATTY** choice of ground turkey, chicken, beef or veggie patty 22
- *MIXED VEGGIE PLATE** steamed or grilled (sides not included) 16 with cheese 18

LOW CARB CHOICES

- CRISPY ROASTED HALF CHICKEN** served with an arugula and romaine salad, topped with chopped red onion, cucumber and feta cheese 25
- SKIRT STEAK** with grilled onions (includes salad as above) 33
- GRILLED CHICKEN BREAST** with steamed spinach and broccoli 23
- CAPRESE CHICKEN** herb marinated grilled chicken breast, side of caprese salad (grilled flat bread on request) 24
- GRILLED SALMON FILLET** with sauteed broccoli and green salad, teriyaki sauce on request 32
- TURKEY, CHICKEN, BEEF or *VEGGIE PATTY** on shredded lettuce, grilled onions & mushrooms and choice of vegetable 24
- GRILLED CHICKEN CILANTRO SAUSAGES** with grilled peppers and onions, served with a green salad and choice of vegetable 23

STIR FRY

Teriyaki marinated choice of meat with broccoli, carrot, mushroom, onion, grilled corn, zucchini and bell pepper, side of brown rice

- *TOFU** 20 **CHICKEN** 22 **BRISKET** 25 **SKIRT STEAK** 28

SOUTH OF THE BORDER

- BUILD YOUR OWN CHEESE QUESADILLA** choice of flour, whole wheat, spinach or sun-dried tomato tortilla includes black beans or Spanish rice, tomato, avocado, browned onion, sour cream & salsa 17 (guacamole add 3) jalapeño on request.
- ADD CHICKEN, TURKEY, *TOFU or BRISKET** 6 **ADD STEAK** 10
- SOFT TACO PLATE (3)** beef, chicken or *grilled tofu, topped w/pico de gallo, guacamole and a side of rice or black beans 22
- ULTIMATE BURRITO** shredded beef, chicken or *grilled tofu, black beans, Spanish rice, shredded lettuce, salsa, sour cream, grated cheese, with tortilla chips, tomatillo and guacamole on the side 20 with steak 26
- CHICKEN FAJITAS** served with Spanish rice, black beans, guacamole, sour cream, corn or flour tortillas 25
- STEAK FAJITAS** served with Spanish rice, black beans, guacamole, sour cream, corn or flour tortillas 30
- *VEGGIE FAJITAS** peppers & onions with Spanish rice, black beans, guacamole, sour cream, corn or flour tortillas 22
- SIDE of SPANISH RICE or BLACK BEANS** 7
- SIDE of HOMEMADE GUACAMOLE** 1/2 pt 10 pt 18
- SIDE of HOMEMADE SALSA** 1/2 pt 6 pt 10

DAIRY DISHES

- ***MATZO BREI** scrambled or pancake style, with applesauce and sour cream **16**
- ***CHEESE BLINTZES (3)** with sour cream and strawberry preserves **22** one blintz **8 ea**
- ***POTATO PANCAKES (4)** with applesauce and sour cream **20** one potato pancake **6 ea**

DINNERS

A LA CARTE INCLUDES: potato or rice (white or brown), fresh vegetable and bread

DINNER INCLUDES: appetizer, potato or rice (white or brown), fresh vegetable, bread and dessert (jello, ice cream or pudding)

ADD A CUP OF SOUP or SIDE SALAD (dinner or caesar) **6**

POTATO CHOICES: boiled potato, mashed potatoes, baked potato, french fries or one potato pancake

APPETIZERS: chopped liver, egg salad, greek salad, kasha varnishka or herring (chopped, pickled or creamed),

SOUP CHOICES: vegetarian soup du jour, chicken rice, noodle, matzo ball, kreplach, mushroom barley or sweet & sour cabbage

- ROASTED HALF CHICKEN** with stuffing a la carte **27** • dinner **35** (for white meat add 2)
- BBQ HALF CHICKEN** a la carte **27** • dinner **35** (for white meat add 2)
- CHICKEN SCHNITZEL** a la carte **27** • dinner **35** with arugula add **4**
- BRISKET** a la carte **30** • dinner **38**
- BAKED SHORT RIBS** a la carte **35** • dinner **43**
- SWEET & SOUR SHORT RIBS** a la carte **35** • dinner **43**
- MEAT LOAF or TURKEY LOAF** a la carte **28** • dinner **36**
- CORNED BEEF & CABBAGE** a la carte **28** • dinner **36**
- STUFFED CABBAGE** ground beef or ground turkey a la carte **32** • dinner **40**
- ROAST TURKEY** with stuffing a la carte **27** • dinner **35**
- FRANKFURTER or KNOCKWURST** with baked beans and cole slaw a la carte **27** • dinner **35**
- MARINATED ROMANIAN SKIRT STEAK** (grilled onions on request) a la carte **35** • dinner **43**
- GRILLED SALMON** a la carte **35** • dinner **43**
- TURKEY BURGER** (grilled onions on request) a la carte **27** • dinner **35**
- KOSHER HAMBURGER** (grilled onions on request) a la carte **27** • dinner **35**
- CHICKEN IN THE POT** served with bread only (no potato or vegetable) **38**

SIDE ORDERS

- ***BAKED BEANS OR BLACK BEANS** **7**
- BROWN RICE** **7**
- VEGETABLE OF THE DAY** **7**
- GRILLED CHICKEN BREAST** (5.5 oz.) **15**
- SKIRT STEAK** (8 oz.) **25**
- BAKED POTATO** **10**
- SWEET POTATO FRIES** **8**
- MASHED POTATOES** **6**
- FRENCH FRIES or HOT POTATO CHIPS** **7**
- ONION RINGS** **8**
- HOMEMADE SALSA** ½ pt **6** pt **10**
- HOMEMADE GUACAMOLE** ½ pt **10** pt **18**

BEVERAGES

- ORGANIC COFFEE** hot or iced, decaf or regular (light or dark roast) **5**
- ESPRESSO** single **5** double **8**
- CAPPUCCINO OR CAFE LATTE** **7** extra shot add **2**
- VANILLA LATTE** **8** extra shot add **2**
- CAFE MOCHA** **8** extra shot add **2**
- HOT CHOCOLATE** **5**
- GROUNDWORK'S COLD BREW** **7**
- MILK** regular, non-fat, low-fat, soy or almond pt **5** qt **8** half gal **12**
- HOT HERBAL TEAS** assorted flavors **5.50**
- HOT BLACK TEA** **5**
- ICED TEA** regular or mango **5**
- ARNOLD PALMER** **5**
- FRESH SQUEEZED LEMONADE** flavor of the day **6**
- SNAPPLE, SOBE or VITAMIN WATER** **4.50**
- FOUNTAIN SODA** **5**
- FOUNTAIN SELTZER WATER** **2.50**
- BOTTLED OR CANNED SPECIALTY SODA** Dr. Brown's, IBC, Boylan's, Bundaberg **4.50**
- CANNED SODA** Coke, Diet Coke, Sprite, 7-Up, Ginger Ale, Club Soda **3.50**
- PELLEGRINO MINERAL WATER** sm **6** lg **10**
- SPINDRIFT SPARKLING WATER** raspberry-lime, blackberry, cucumber, lemon, strawberry **4.50**
- BOTTLED WATER** sm **3.50** lg **5.50**

CHILDREN'S SECTION

For 12 and under only. Not available for Take-Out

- JOEY'S BOWL OF OATMEAL or SIDE OF FRUIT** 7
JANE, MACK & SUNNY'S BAGEL & CREAM CHEESE 4
MARGOT LILI'S EGG "MIT" BAGEL JR. scrambled eggs, American cheese, bagel, home fries or hash browns 14
JAMES & OLIVIA'S AMERICAN CHEESE OMELETTE 2 eggs, American cheese, home fries or hash browns, choice of bread 14
LAUREN'S FRENCH TOAST with two slices of bacon or one sausage 12
MILES & ELIANA'S EGGS & TURKEY BACON with a bagel & cream cheese, homefries or hashbrowns 12
BENJAMIN'S SILVER DOLLAR PANCAKES (add strawberries, bananas or chocolate chips add 1) 12
SOLDIER'S ALMOND GRANOLA SILVER DOLLAR PANCAKES 12
TALIA'S PANCAKE SANDWICH one egg and two slices of bacon or one sausage 12
HAZEL'S CHEESE BLINTZ 7
SADIE & CLARA'S PEANUT BUTTER or CREAM CHEESE & JELLY SANDWICH 7
MANDY'S MATZO BALL SOUP with noodles 8
JESSICA'S GRILLED CHEESE on whole wheat, with thin or sweet potato fries 13
SLOANE'S PIZZA BAGEL 11
MAX MILO'S CHEESE QUESADILLA with salsa and sour cream, and thin or sweet potato fries 11
SEBASTIAN, STEVIE & HARPER'S DELI PLATE two slices meat, two slices cheese and thin or sweet potato fries or fruit 14
ZEKE'S CHOICE OF A SANDWICH with thin or sweet potato fries 14
BRANDON'S CHICKEN WRAP with lettuce and melted jack cheese in a tortilla, and thin or sweet potato fries 14
AVA'S BURGER & FRIES kosher ground beef, and thin or sweet potato fries (add cheese 1) 13
LIV & JACK'S TURKEY BURGER with thin or sweet potato fries (add cheese 1) 13
ASHER'S TURKEY DOG with thin or sweet potato fries 11
NOA, THEO, SHIRA & SIDNEY'S CORN DOG with thin or sweet potato fries 11
SAMMY & JACK'S HOT DOG with thin or sweet potato fries 11
JAKE'S CHICKEN TENDERS with thin or sweet potato fries 13
MAGGIE'S MACARONI & CHEESE 11
GIULIANA'S SPAGHETTI & MEAT SAUCE 12
MATTEO'S BUTTERED NOODLES with parmesan 8
LILY'S LATKE one potato latke served with applesauce 5
LONDON, MONET & TEDDY'S SODA FROM THE FOUNTAIN 3
SOPHIE, GOLDIE, ALMA & MEYER'S CHOCOLATE MILK 4
JENNA & JEREMY'S HOT CHOCOLATE 4
JONAH & LILY'S MILK SHAKE or SMOOTHIE 8
NATHAN & REESE'S PEANUT BUTTER MILK SHAKE 10
SAVANNAH & COOPER'S OREO COOKIE MILK SHAKE 10
ZOE & JAGGER'S ICE CREAM SUNDAE 9

DESSERTS

- NEW YORK CHEESECAKE** 10
HOMEMADE BROWNIE 5
APPLE STRUDEL 8
ROCKSLIDE BROWNIE 7
FRESH BAKED DANISH 6
LEMON BAR or PECAN BAR 7
BANANA PUDDING w/wafers ½ pt 7 pt 10 qt 16
RICE PUDDING ½ pt 7 pt 10 qt 16
CHOCOLATE PUDDING ½ pt 7 pt 10 qt 16
TAPIOCA PUDDING ½ pt 7 pt 10 qt 16
JELLO W/ WHIPPED CREAM ½ pt 7 pt 10 qt 16
HOMEMADE APPLE PIE 9
HOMEMADE CHERRY PIE 9
LEMON MERINGUE PIE 10
MELON honeydew, cantaloupe or watermelon 8
SUGAR-FREE BAKED APPLE 7
HOMEMADE CAKES ask for today's selection 9
CHOCOLATE BLACKOUT CAKE 10
MOLTEN CHOCOLATE BUNDT CAKE 10
DOUBLE LAYER CARROT CAKE 10
HOMEMADE RUGELACH/COOKIES lb 18
ICE CREAM ½ pt 7 pt 10 qt 16
CHOCOLATE CHIP CIGAR 7
BLACK & WHITE COOKIE 5.50 **MINI** 3
JUMBO HOMEMADE COOKIE 5
sprinkle (chocolate or rainbow),
chocolate chip, chinese or linzer tart
ICE CREAM SODA 10
ICE CREAM SUNDAE 9
OLD FASHION N.Y. EGG CREAM 8
CHOCOLATE PHOSPHATE 8
MILK SHAKE chocolate, vanilla or strawberry 10
add malt add 1
OREO COOKIE MILK SHAKE 12
REESE'S PEANUT BUTTER MILK SHAKE 12
FRUIT SMOOTHIE choice of 2 fruits: banana, strawberry, raspberry, mango, blueberry, pineapple 12
w/protein powder add 2, w/ice cream or yogurt add 2
w/kale or spinach add 2

BULK ITEMS

MEATS

CORNED BEEF
PASTRAMI
HEBREW NATIONAL SALAMI
VIENNA SALAMI
HARD SALAMI
ITALIAN SALAMI
ROAST BEEF
BRISKET or TONGUE
ROAST TURKEY BREAST
TURKEY BREAST PASTRAMI
SMOKED TURKEY

HONEY MAPLE TURKEY
CRACKED PEPPER TURKEY
BOLOGNA
HAM
LIVERWURST
MEATLOAF/TURKEYLOAF
FRANKFURTERS
KNOCKWURST
TURKEY DOGS
KISHKA
ROASTED CHICKEN

FISH

NOVA LOX
NOVA LOX SPREAD
NATURAL COD
WHITEFISH
WHITEFISH SALAD
STURGEON

SABLE
CHOPPED HERRING
CREAMED HERRING
BAKED SALMON bbq or kippered
TUNA SALAD
GEFILTE FISH (seasonal)

CHEESE

SWISS
JARLSBERG
HAVARTI WITH DILL
AMERICAN
MUENSTER
JACK
PEPPER JACK

CHEDDAR
PROVOLONE
MOZZARELLA
ASIAGO
CREAM CHEESE
SOUR CREAM
LOW-FAT COTTAGE CHEESE

SALADS

POTATO SALAD
COLE SLAW
MACARONI SALAD
TURKEY SALAD
CHICKEN SALAD
TUNA SALAD
LOW-FAT TUNA SALAD

CHOPPED LIVER
EGG SALAD
CUCUMBER SALAD
ISRAELI SALAD
GREEK SALAD WITH FETA CHEESE
FRUIT SALAD
MIXED BERRIES

TRADITIONAL FAVORITES

KNISH meat, kasha, potato or spinach potato
KASHA VARNISHKA
BLINTZES (COLD)
POTATO PANCAKES (COLD)
HALVAH

MACARONI & CHEESE
PICKLES or GREEN TOMATOES
GREEK OLIVES
STUFFED CABBAGE (beef or turkey)
NOODLE KUGEL

BREADS

DOUBLE BAKED RYE
EGG BREAD
WHOLE WHEAT or WHITE
GLUTEN FREE
ARTISAN SOURDOUGH
TWISTED CHALLAH
MATZO

SLICE OF BREAD
ROLL
BAGEL
HOMEMADE BAGEL CHIPS
BIALY
HOT DOG BUN or LONG ONION ROLL
HAMBURGER BUN brioche or whole wheat